

# RCP 2nd to 8th Lunch Menu

September 2019



Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>LABOR DAY NO SCHOOL FOR STUDENTS</b></p>	<p>2 Beef Hot Dog, Oven Baked Fries Starchy Vegetable K8 LN Whole Fruit K8 1% White Milk Fat Free White Milk</p>	<p>3 Turkey Nachos, Tortilla Chips Vegetable Packet K8 LN Whole Fruit K8 1% White Milk Fat Free White Milk Fat Free Chocolate Milk</p>	<p>4 Chicken Alfredo Side Salad K8 LN Whole Fruit K8 1% White Milk Fat Free White Milk Fat Free Chocolate Milk</p>	<p>5 Pepperoni Pizza Side Salad K8 LN Whole Fruit K8 1% White Milk Fat Free White Milk</p>
<p>9 Baked Ziti w/Meat Sauce Vegetable Packet K8 LN 100% Fruit Juice K8 1% White Milk Fat Free White Milk Fat Free Chocolate Milk</p>	<p>10 Chicken Patty Burger, Oven Baked Fries (285) Starchy Vegetable K8 (228) LN Whole Fruit K8 (214) 1% White Milk (114) Fat Free White Milk (29)</p>	<p>11 Turkey Chili, Popped Corn Chips Vegetable Packet K8 LN Whole Fruit K8 1% White Milk Fat Free White Milk</p>	<p>12 Breaded Chicken Leg w/ Mac &amp; Cheese Side Salad K8 LN Whole Fruit K8 1% White Milk Fat Free White Milk</p>	<p>13 Pepperoni Pizza Side Salad K8 LN Whole Fruit K8 1% White Milk Fat Free White Milk</p>
<p>16 Chicken Tamal, Mixed Vegetables Vegetable Packet K8 LN 100% Fruit Juice K8 1% White Milk Fat Free White Milk</p>	<p>17 Cheeseburger, Oven Baked Fries (285) Starchy Vegetable K8 (228) LN Whole Fruit K8 (214) 1% White Milk (114) Fat Free White Milk (29)</p>	<p>18 Spaghetti &amp; Meatballs w/ Marinara Sauce (285) Vegetable Packet K8 (228) LN Whole Fruit K8 (214) 1% White Milk (114) Fat Free White Milk (29)</p>	<p>19 Bean &amp; Cheese Burrito Side Salad K8 LN Whole Fruit K8 1% White Milk Fat Free White Milk Fat Free Chocolate Milk</p>	<p>20 Pepperoni Pizza Side Salad K8 LN Whole Fruit K8 1% White Milk Fat Free White Milk</p>
<p>23 Orange Chicken, Chow Mein Noodles Vegetable Packet K8 LN 100% Fruit Juice K8 1% White Milk Fat Free White Milk</p>	<p>24 Corn Dog, Oven Baked Fries Starchy Vegetable K8 LN Whole Fruit K8 1% White Milk Fat Free White Milk Fat Free Chocolate Milk</p>	<p>25 Cheese Lasagna Vegetable Packet K8 LN Whole Fruit K8 1% White Milk Fat Free White Milk Fat Free Chocolate Milk</p>	<p>26 Hamburger Side Salad K8 LN Whole Fruit K8 1% White Milk Fat Free White Milk Fat Free Chocolate Milk</p>	<p>27 Pepperoni Pizza Side Salad K8 LN Whole Fruit K8 1% White Milk Fat Free White Milk</p>
<p>30 Green Chicken Enchiladas Vegetable Packet K8 LN 100% Fruit Juice K8 1% White Milk Fat Free White Milk Fat Free Chocolate Milk</p>				

**MENU SUBJECT TO CHANGE WITHOUT NOTICE**

Breakfast includes one entrée, fruit, and fat free white milk or 1% white milk.  
This institution is an equal opportunity provider.

