

Preschool Lunch Menu

August 2019



Monday	Tuesday	Wednesday	Thursday	Friday
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Preschool Students Welcome to the 2019-2020 School Year

5 Green Chicken Enchiladas Vegetable Packe LN 100% Fruit Juice 1% White Milk Fat Free White Milk	6 Deli Chicken & Cheese Sandwich Starchy Vegetable LN Whole Fruit 1% White Milk Fat Free White Milk	7 Beef Nachos, Tortilla Chips Vegetable Packet LN Whole Fruit 1% White Milk Fat Free White Milk	8 Chicken Alfredo Side Salad K8 LN Whole Fruit K8 1% White Milk Fat Free White Milk	9 Teriyaki Chicken, Not So Fried Rice Vegetable Packet LN 100% Fruit Juice 1% White Milk Fat Free White Milk
12 Chicken Burrito Bowl w/ Brown Rice & Veggies Vegetable Packet LN 100% Fruit Juice 1% White Milk Fat Free White Milk	13 Chicken Patty Burger, Oven Baked Fries Starchy Vegetable LN Whole Fruit 1% White Milk Fat Free White Milk	14 Beef Chili, Popped Corn Chips Vegetable Packet LN Whole Fruit 1% White Milk Fat Free White Milk	15 Breaded Chicken Leg w/ Mac & Cheese Side Salad LN Whole Fruit 1% White Milk Fat Free White Milk	16 Chicken Taco Salad, Popped Corn Chips, Ranch Dressing Vegetable Packet LN 100% Fruit Juice 1% White Milk Fat Free White Milk
19 Chicken Tamal, Mixed Vegetables Vegetable Packet LN 100% Fruit Juice 1% White Milk Fat Free White Milk	20 Cheeseburger, Oven Baked Fries Starchy Vegetable LN Whole Fruit 1% White Milk Fat Free White Milk	21 Baked Chicken Spaghetti Vegetable Packet LN Whole Fruit 1% White Milk Fat Free White Milk	22 Build Your Own Tuna Sandwich Side Salad K8 LN Whole Fruit K8 1% White Milk Fat Free White Milk	23 Turkey Ham & Cheese Sandwich Vegetable Packet LN 100% Fruit Juice 1% White Milk Fat Free White Milk
26 Chicken Nuggets, Cheesy Mashed Potatoes Vegetable Packet) LN 100% Fruit Juice 1% White Milk Fat Free White Milk	27 Deli Chicken & Cheese Sandwich Starchy Vegetable LN Whole Fruit 1% White Milk Fat Free White Milk	28 Tuna Salad, Wheat Crackers, Ranch Dressing Vegetable Packet LN Whole Fruit 1% White Milk Fat Free White Milk	29 Hamburger Side Salad LN Whole Fruit 1% White Milk Fat Free White Milk	30 Orange Chicken, Chow Mein Noodles Vegetable Packet LN 100% Fruit Juice 1% White Milk Fat Free White Milk

MENU SUBJECT TO CHANGE WITHOUT NOTICE

Breakfast includes one entrée, fruit, and fat free white milk or 1% white milk.
 This institution is an equal opportunity provider.

