

# TK- 1 Lunch Menu

March 2019



Monday	Tuesday	Wednesday	Thursday	Friday
				1 Pizza - Richmond CP 1% White Milk Fat Free White Milk Fat Free Chocolate Milk
4 Breaded Chicken Leg w/ Mac & Cheese 1% White Milk Fat Free White Milk Fat Free Chocolate Milk Fruit	5 Deli Chicken & Cheese Sandwich 1% White Milk (14) Fat Free White Milk (14) Fat Free Chocolate Milk (113) Fruit (141)	6 Turkey Chili, Corn Muffin (140) Vegetarian Lunch (1) 1% White Milk (14) Fat Free White Milk (14) Fat Free Chocolate Milk (113)	7 Beef Hot Dog, Oven Baked Fries (140) Vegetarian Lunch (1) 1% White Milk (14) Fat Free White Milk (14) Fat Free Chocolate Milk (113)	8 Pizza - Richmond CP 1% White Milk Fat Free White Milk Fat Free Chocolate Milk
11 Chicken Alfredo (140) Vegetarian Lunch (1) 1% White Milk (14) Fat Free White Milk (14) Fat Free Chocolate Milk (113) Fruit (141)	12 -Chicken Patty Burger, Oven Baked Fries (140) 1% White Milk (14) Fat Free White Milk (14) Fat Free Chocolate Milk (112) Fruit (140)	13 Beef & Broccoli, Chow Mein Noodles (140) Vegetarian Lunch (1) 1% White Milk (14) Fat Free White Milk (14) Fat Free Chocolate Milk (113)	14 Beef Nacho Potato Burrito (140) Vegetarian Lunch (1) 1% White Milk (14) Fat Free White Milk (14) Fat Free Chocolate Milk (113)	15 Pizza - Richmond CP 1% White Milk Fat Free White Milk Fat Free Chocolate Milk
18 Chicken Teriyaki, Chow Mein Noodles (140) Vegetarian Lunch (1) 1% White Milk (14) Fat Free White Milk (14) Fat Free Chocolate Milk (113)	19 Corn Dog, Oven Baked Fries (140) 1% White Milk (14) Fat Free White Milk (14) Fat Free Chocolate Milk (112) Fruit (140)	20 Chicken Tamal, Mixed Vegetables (140) Vegetarian Lunch (1) 1% White Milk (14) Fat Free White Milk (14) Fat Free Chocolate Milk (113)	21 Hamburger (140) Vegetarian Lunch (1) 1% White Milk (14) Fat Free White Milk (14) Fat Free Chocolate Milk (113) Fruit (141)	22 Pizza - Richmond CP 1% White Milk Fat Free White Milk Fat Free Chocolate Milk
25 Turkey Pastrami & Cheese Sandwich (140) Vegetarian Lunch (1) 1% White Milk (14) Fat Free White Milk (14) Fat Free Chocolate Milk (113)	26	27 Turkey Nachos, Tortilla Chips (140) Vegetarian Lunch (1) 1% White Milk (14) Fat Free White Milk (14) Fat Free Chocolate Milk (113)	28 Southwest Chicken Salad, Dinner Roll, Ranch Dressing (140) Vegetarian Lunch (1) 1% White Milk (14) Fat Free White Milk (14)	29 Pizza - Richmond CP 1% White Milk Fat Free White Milk Fat Free Chocolate Milk

## MENU SUBJECT TO CHANGE WITHOUT NOTICE

Breakfast includes one entrée, fruit, and fat free white milk or 1% white milk.  
This institution is an equal opportunity provider.

