

# OCTOBER LUNCH MENU 2ND TO 8TH



<b>Mbnday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thur sday</b>	<b>Fr i day</b>
	<b>1</b> Cheese Lasagna w/ Marinara	<b>2</b> NEW! Bean & Cheese Pupusa w/ Curtido Salad	<b>3</b> Chicken Tamale w/ Pinto Beans	<b>4</b> Pepperoni Pizza
<b>7</b> Hot Dog w/ Oven Baked Fries Soy Veggie Burger w/ Roasted Potatoes	<b>8</b> Chicken Bites w/ Mashed Potatoes	<b>9</b> Mexican Chicken Salad w/ Romaine Lettuce & Poptillas	<b>10</b> NO SCHOOL FOR STUDENTS	<b>11</b> NO SCHOOL FOR STUDENTS
<b>14</b> NO SCHOOL FOR STUDENTS	<b>15</b> Turkey & Cheese Sub Sandwich w/ Baby Carrots New! Penne & Meat Sauce w/ Diced Carrots	<b>16</b> NEW! Bean & Cheese Pupusa w/ Curtido Salad NEW! Chicken Caesar Salad with Dinner Roll & Croutons	<b>17</b> Chicken Tamale w/ Pinto Beans	<b>18</b> Pepperoni Pizza
<b>21</b> Hot Dog w/ Oven Baked Fries NEW! Turkey & Cheese Knot Sandwich w/ Oven Baked Fries	<b>22</b> Chicken Bites w/ Mashed Potatoes	<b>23</b> Mexican Chicken Salad w/ Romaine Lettuce & Poptillas NEW! Turkey & Cheese Cracker Kit w/ Baby Carrots	<b>24</b> NEW! Southwest Chicken Salad w/ WG Dinner Roll	<b>25</b> Cheese Pizza
<b>28</b> Chicken Patty Burger w/ Oven Baked Fries	<b>29</b> Turkey & Cheese Sub Sandwich w/ Baby Carrots Cheese Lasagna w/ Marinara	<b>30</b> NEW! Bean & Cheese Pupusa w/ Curtido Salad	<b>31</b> Chicken Tamale w/ Pinto Beans	
<b>Lunch Includes:</b> Choice of 1% Low Fat White or Fat Free White Milk or Fat Free Chocolate Milk Fruit & Vegetable of the Day Vegetarian *May include an extra 1/2 cup veg for compliance	<b>Veg of the Day:</b> Tuesday:Baby Carrots (1/2 C) Wednesday:Roasted Chickpeas Thursday:Cucumber Slices (1/4 C) w/ Tajin Friday:Side Salad - Lettuce, Carrot, Tomato w/Ranch (1 C) Monday:Baby Carrots (1/4 C),Side of Oven Baked Fries (1/2 C)	<b>Featured Fruit:</b> Grapes (1/2 C),Banana (1/2 C),Plum (1/2 C),100% Fruit Juice 4 oz	<b>RevUp Rewards:</b> Scan Our QR Code Daily Complete the Survey <b>You're Entered to Win!</b> Drawings Monthly Learn More and See Prizes: <a href="http://www.revolutionfoods.com/revuprewards">www.revolutionfoods.com/revuprewards</a>	

