

# NOVEMBER LUNCH TK-1



Monday	Tuesday	Wednesday	Thursday	Friday
--------	---------	-----------	----------	--------



<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b>
Hot Dog w/ Oven Baked Fries	NEW! Sweet Chili Meatballs w/ Not So Fried Rice & Broccoli	Mexican Chicken Salad w/ Romaine Lettuce & Tostitos Chips	NEW! Queso Blanco Chicken Bowl w/ Rice & Pinto Beans	Cheese Pizza

<b>11</b>	<b>12</b>	<b>13</b>	<b>14</b>	<b>15</b>
NO SCHOOL FOR STUDENTS	NEW! Orange Chicken & Not So Fried Rice w/ Diced Carrots & Giant Goldfish Grahams	NEW! Holiday Meal- Turkey & Gravy w/ Mashed Potatoes & Dinner Roll	Chicken Tamale w/ Pinto Beans	Pepperoni Pizza

<b>18</b>	<b>19</b>	<b>20</b>	<b>21</b>	<b>22</b>
Hot Dog w/ Oven Baked Fries	NEW! Sweet Chili Meatballs w/ Not So Fried Rice & Broccoli	NEW! Bean & Cheese Pupusa w/ Curtido Salad	NEW! Queso Blanco Chicken Bowl w/ Rice & Pinto Beans	Cheese Pizza



Lunch Includes:	Veg of the Day:	Featured Fruit:	RevUp Rewards:
Choice of 1% Low Fat White or Fat Free White Milk or Fat Free Chocolate Milk Fruit & Vegetable of the Day Vegetarian *May include an extra 1/2 cup veg for compliance	Monday:Baby Carrots (1/4 C),Side of Oven Baked Fries (1/2 C) Tuesday:Baby Carrots (1/2 C) Wednesday:Roasted Chickpeas Friday:Side Salad - Lettuce, Carrot, Tomato w/Ranch (1 C) Thursday:Cucumber Slices (1/4 C) w/ Tajin, Celery Sticks (1/4 C)	100% Fruit Juice 4 oz,Grapes (1/2 C),Banana (1/2 C),Tangerine (1/2 C)	Scan Our QR Code Daily Complete the Survey <b>You're Entered to Win!</b> Drawings Monthly Learn More and See Prizes: <a href="http://www.revolutionfoods.com/revuprewards">www.revolutionfoods.com/revuprewards</a>

